



Are you a recycling gold medalist?

We are working as normal over Christmas and New Year with the exception of 26th & 27th December, whereby we will make a double collection the following week



A few ideas to help you waste less...



Store fruit and veg in a fridge (1-5 °C) to keep it fresh



Try recipes at www.lovefoodhatewaste.com for leftovers like chicken, broccoli and tomatoes



Too much bread or cake? Put some in the freezer for later



Your grass cuttings and vegetable peelings can be transformed into compost to give your flowers a boost

To find out more



www.letswasteless.com



01905 766883



Your unwanted sofa, bed or lamp could become part of someone else's new home

Congratulations...

.. you have helped us to recycle 50,000 tonnes in Worcestershire last year. This is enough recycling to fill more than 100 Olympic swimming pools.

Are you a recycling gold medalist?

Give yourself a tick for everything that you do.



Do you recycle?

	food tins & drink cans	<input type="checkbox"/>		cartons	<input type="checkbox"/>		plastic bottles & containers	<input type="checkbox"/>
	cardboard	<input type="checkbox"/>		paper	<input type="checkbox"/>			

Please remember...

You can recycle empty aerosol cans, all cardboard and plastic containers e.g. yogurt pots, margarine tubs and fruit punnets

Rinse out items for recycling

Don't squash bottles, tins or cartons

Don't scrunch up paper or card

Recycling hurdles...

Don't put these in your cherry recycling sack, but you can...

Textiles - donate to charity

Glass bottles & jars - use bottle banks

Foil - use recycling banks

Polystyrene - use as packaging or place in your black sack



How did you do?



12-13 ticks = Gold medal



9-11 ticks = Silver medal



4-8 ticks = Bronze medal



0-3 ticks = Rubbish!

To improve your performance please turn over...