

Good Neighbour Network - People Make Places

HELLO! If you are self-isolating, I can help.

My name is

I live locally at

My phone number is.....

If you are self-isolating due to COVID-19 I can help with:

Picking up shopping Posting mail A friendly phone call

Prescription Collection Urgent supplies Dog walking

(please inform your pharmacy prior to collection)

Coronavirus is contagious, so please ensure you avoid physical contact (2m distance) and are washing your hands regularly. Any items delivered will be left on your doorstep.