



VOLUNTEERING OPPORTUNITIES

Malvern Hills District

(including Tenbury Wells ▲ and
Upton-Upon-Severn ●)

Updated January 2020



Thank you for taking a look at this leaflet, which has been put together by Malvern Hills District Council www.malvern hills.gov.uk

We recently consulted young people in the district to find out if you would be interested in finding out more about volunteering. 42% of you told us you would. You also told us that you want to learn new skills that will help you to prepare for life, one of the many benefits of volunteering, which also include:

1. Connecting you to others, giving you the chance to practise and develop your social skills.
2. It's good for your mind and can keep you happy. By measuring hormones and brain activity, researchers have discovered that being helpful to others delivers immense pleasure. It can also help you increase your confidence.
3. It can help your career as it gives you chance to practice important skills in the workplace including teamwork, problem solving and task management.
4. It can bring fun and fulfilment.

To find out more about the benefits of volunteering visit www.malvern hillsvolunteering.org.uk

To find out more about our survey with young people visit www.malvern hills.gov.uk and search for 'Bigger Picture Survey' or follow us:

Facebook MalvernHillsUK
Twitter MalvernHills_DC
Insta @MalvernHillsDistrictCouncil



www.do-it.org

Current Volunteering Vacancies January 2020

**Please note this is not a comprehensive list.
Visit www.do-it.org to find more opportunities
available in your area and appropriate to your
age group.**

12 Years +

14 Years +

15 Years +

16 Years +

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12 Years +



Sanctuary Care

Sanctuary Care ●

**Befriender, events support, gardening and more.
Across Worcestershire including
Malvern and Upton-Upon-Severn**

What do you do as a charity?

We specialise in care homes for the elderly and we have over 90 care homes spread out across England and Scotland.

What volunteer roles are available?

Wide ranging opportunities which include but not limited to; befriending, events, leisure and social activities, gardening etc. Basically whatever skills the volunteer has we would like them to bring it with them to benefit our care home residents.

What's the age range for volunteers?

This varies depending on which home you are interested in. Please contact us to find out more.

What is the time commitment?

Our opportunities are flexible as we appreciate volunteers are giving up their free time to support us. That being said, we recommend a minimum of six months as our residents do benefit greatly from the consistency.

Are there any incentives or rewards?

We offer induction certificates, certificates of appreciation after reaching certain milestones in terms of hours and an opportunity to become a dementia friend. We are also a v-inspired awards provider and a Volunteering Approved Activity Provider for the DofE Awards.

Would I receive training and/or be assigned a mentor?

Yes, all volunteers receive training before they start. They also have access to face to face training we give to our paid staff. All volunteers also have a designated supervisor and we ensure all staff members are readily available to volunteers should they need the support.

Can I come in for a ‘taster’ day?

Yes, we encourage taster days to give volunteers a flavour of what volunteering with us would be like and that way they can make an informed decision before going through the entirety of our recruitment process.

Do you have any group volunteering day options available for under 18s?

Yes we offer group volunteering days. For example, we work with NCS providers. Check out www.sanctuary-care.co.uk/news/ and search for ‘teenagers dedicate their time to support residents’ for more on this.

Where is the opportunity located? Is this near public transport?

In Worcestershire, we have nine care homes of which one is in Malvern and another in Upton-Upon-Severn. Visit www.sanctuary-care.co.uk/care-homes-worcestershire to find out where all nine are located.

What are you looking for in a volunteer?

Someone who is reliable, committed, kind, caring, patient and understanding, a good listener and able to use their own initiative.

Visit www.sanctuary-care.co.uk/about-us/volunteering to find out more.

14 Years +



Shop Assistant Malvern

What Volunteer Roles are Available?

Shop roles include sorting and pricing clothes, accessories, books, music and new products as well as some till work. We also have people who put our donations on our own Oxfam Online Shop.

What is the time commitment?

We usually ask people to do at least 4 hours per week (but this can be flexible).

Application Process

We usually ask prospective volunteers to come into the shop and pick up an application form to complete. For under 18s there is also a Parental Consent Form. We are required to get two references for every volunteer (which can be teachers, family friends etc).

Where is the shop located?

The shop is situated on Church Street in Malvern, close to several bus stops and a short walk from the station.

Find out more:

Visit our website for further information www.oxfam.org.uk or visit our local shop in Malvern and ask to speak to the Manager.



St Michael's Hospice

Fundraiser (14 Yrs+), across Worcestershire

Retail Assistant (16 Yrs+), Malvern

Hospice Homemaker (16 Yrs+), Ledbury

What do you do as a charity?

We provide care to people with life-limiting illness and support for their families, friends and carers. Our hospice is based in Ledbury and we have a network of shops that support our fundraising including in Malvern and Tenbury.

What volunteer roles are available?

If you are 17+ then you can volunteer as a homemaker at the hospice, just outside of Ledbury. The volunteers work short shifts, helping staff serve meals, taking the tea trolley around and talking to patients and their loved ones if they would like a chat.

If you are 16+ you can volunteer in one of our hospice shops as a retail assistant.

If you are 14-17 years old then you can volunteer in fundraising by helping at one of our events. Under 14s are also able to volunteer at an event, if they are accompanied by an adult.

What is the time commitment?

We do ask for a minimum commitment of 4 hours per fortnight.

Are there any incentives or rewards?

Once you have worked with us for a little while, we will happily provide you with a reference. We can also show you around the

hospice facility and give you an insight into how it all works. If you are thinking of working for a charity after school or college, then this is an excellent stepping stone.

Can I come in for a ‘taster’ day?

You are welcome to join us at our hospice shops for a taster session, which will usually last one hour. We will show you the shop and the various roles and there will be plenty of opportunity to ask questions and have a go before deciding whether to commit to volunteering with us.

What’s the application process?

If you’re interested in becoming a volunteer, please email us on bpardoe@smhospicehereford.org
We will then get in touch to provide you with more information. Please let us know your age when you email us.

Where can I go to find out more?

We’ve got more information about our volunteering opportunities on our website www.st-michaels-hospice.org.uk/

What are you looking for in a volunteer?

We are looking for friendly people who want to make a difference.

St Richard’s Hospice

Retail Assistants Malvern Link

To receive and help sort, price and display donated goods plus some till work. Various time slots are available - hopefully to suit the volunteer.

A visit to the hospice in Worcester is arranged for volunteers at

some stage, to enable them to see how the funds they help to raise, are spent.

Visit www.strichards.org.uk/ to find out more.

Cats Protection

Shop Assistant Malvern shop, Barnards Green

Tasks could include: sorting donations, pricing and tagging items to prepare them for sale, working on the shop floor greeting customers, serving on the till, creating displays, filling shelves and rails, rotating stock and merchandising, general house keeping (ensuring shop floor and back room are kept clean and tidy), making the window display and helping customers.

Cats Protection is the UK's leading welfare charity. The charity's vision is a world where every cat is treated with kindness and an understanding of its needs.

Visit www.cats.org.uk to find out more.

Acorns Children's Hospice ●

Retail Assistants Upton-upon-Severn shop

Tasks could involve sorting donated stock, sizing clothes, steaming, till work and helping the customers.

Established in 1988, Acorns Children's Hospice Trust is a registered charity offering a network of care for life limited and life

threatened children and young people and their families, across the heart of England. These children and young people are not expected to reach adulthood and require specialist care 24 hours a day, 7 days a week.

In the last year Acorns has supported over 840 children and more than 1060 families, including those who are bereaved. Acorns is the only organisation that provides this level of care to these vulnerable youngsters whilst offering a range of support services to the whole family to help them cope at every stage of their child's life and beyond into bereavement.

We provide tailored nursing care for each child, short breaks, emergency and end of life care at our hospices.

Visit www.acorns.org.uk to find out more.

15 Years +



Retail Assistant – Malvern and Tenbury ▲ Office Administrator – Malvern

What do you do as a charity?

We provide a range of services for the over 50s in the Malvern Hills District including information and advice, befriending, help at home and social and IT activities. We also have two charity shops.

What volunteer roles are available?

Volunteer roles are available in our retail shops (sorting, pricing, display, marketing) and in our Malvern office (admin, IT, marketing, shadowing).

What is the time commitment?

There is no set time commitment. This depends on the role and the time that the volunteer has – it is flexible.

Would I receive training and/or be assigned a mentor?

Yes to both.

Can I come in for a ‘taster’ day?

Yes.

What’s the application process?

To complete an application form. Contact the office manager to find out more at Lynne@ageukmalvern.org

Do you have any group volunteering day options available for under 18s?

Certainly for fundraising and marketing plus see below.

Is the opportunity suitable for young people with disabilities?

Yes.

Where is the opportunity located? Is this near public transport?

Malvern office is situated at Great Malvern train station.

Our shops are located in the centre of Malvern and Tenbury Wells.

Any practical considerations?

Not specifically. Although depending on the role the volunteer would have to sign a confidentiality statement and in the shop could not handle money.

What are you looking for in a volunteer?

Enthusiasm, engagement, flexibility and someone who is willing to learn.

16 Years +



‘Live’ Casualty role, across Worcestershire

What do you do as a charity?

CASUALTIES UNION is a Charity, which was founded in wartime to provide ‘live’ casualties to enable the Rescue Services to practice their rescue and extraction methods from bombed buildings. Nowadays, our work is much more extensive. Members, trained in injury make up and conversant with the casualty’s response to injury, illness and crisis, help in Teaching Hospitals assisting Doctors, Nurses and Ambulance staff with their training. We also help all the Emergency Services in ‘Casualty Centred’ extractions from motor vehicle accidents, rescue from explosion, collapsed buildings, crashed aircraft and fires etc. Our clients include The Fire Service, Police, Ambulance, Road Traffic Agency, The Fire Service College, Teaching Hospitals, Medical Schools, the Voluntary First Aid Organizations, the Health Protection Agency and many others.

What is the time commitment?

There is no time commitment. We meet every six weeks on a Sunday for a four hour session, 10am-2pm with lunch provided. As a bare minimum we would ask you to come along to those meetings as that is when we train.

Are there any incentives or rewards?

Learning new skills like special effects make-up and drama.

Would I receive training and/or be assigned a mentor?

Yes you’ll receive training.

Can I come in for a ‘taster’ day?

We are happy to arrange a taster session if there is enough interest.

What’s the application process?

Please contact westmercia.cu@casualtiesunion.org.uk to find out more.

Where is the opportunity located? Is this near public transport?

We meet at the British Red Cross Centre in Worcester.

Where can I go to find out more?

We’ve got more information on our website www.casualtiesunion-westmercia.org.uk/

Shaw Trust

Retail Team Member Malvern shop

Looking for an exciting experience in a retail environment? Join our friendly team as a retail team member, and you will enjoy the experience of being part of something remarkable in your local community. Join a charity that’s based all over the UK - Shaw Trust.

Depending on your experience and according to your shop manager, you will be involved in different tasks that can help you to improve your knowledge and grow within the charity. You’ll also be able to bring new ideas to the shop. New ideas are always welcome!

Not sure if this is for you? Don't worry! As a team, we will help and support you to develop all the skills and confidence that are necessary to succeed in this new and exciting role.

Are you interested in finding out more? Apply as a Volunteer Retail Team Member today and we will get in touch with you.

Shaw Trust provides employment opportunities, skills development training, and health and wellbeing services across the UK. We operate charitable social enterprises and retail shops, and work alongside Shaw Education Trust, which runs a diverse chain of academy schools.

To find out more about becoming a Shaw Trust volunteer please email volunteers@shaw-trust.org.uk or call 0300 247 2222 or visit www.shaw-trust.org.uk

Volunteer hours are flexible, but we are looking for someone who can share a minimum of 4 hours a week with us.

Smile at ARCOS

Play Worker Malvern

SMILE (Sensation Movement Interaction in Life Experiences) provides a multi-sensory environment for calming relaxation and sensory stimulation. It is for the benefit of children with a variety of difficulties including those with profound and multiple disabilities and their siblings.

They are looking for volunteer Play Workers to contribute towards improving children's communication skills and personal, social and emotional development. Play workers will be supervised.

Volunteers will be required on the second Sunday of every month from 9am at the ARCOS Centre in Great Malvern in the morning.

Visit www.arcos.org.uk/how-to-help/volunteers/ to find out more.

Girlguiding ●

Leadership Roles Malvern and Upton-upon-Severn

Girlguiding is the leading charity for girls and young women in the UK. Activities help to build young women's confidence and raise their aspirations. They are given the chance to discover their full potential and they are encouraged to be a power for good, while being given a space to have fun.

Over 16 year olds (no upper age limit) are needed to join the leadership team to have fun, learn skills and have adventures with Rainbows, Brownies, Guides and Rangers in Malvern and Upton. Groups are in danger of having to be closed unless new helpers can be found. No previous experience of Guiding is required, although welcomed. There are new fully resourced and mentored programmes waiting, which can lead to national and international adventures.

For further information please contact the Girlguiding Malvern Division Commissioner, Jane Riley – malverndivision@hotmail.com

Or contact Kay Bromley at malvernhillsvolunteering@gmail.com or call 07510012092.

Regal Tenbury Cinema. Arts. Theatre ▲

With new digital cinema equipment, a permanent Box Office, live streamed events, performances from touring theatre companies and classes in Drama, Art and Dance at the adjacent Community centre - all this, in addition to the local amateur productions, music and comedy nights - it is easy to see why the Trust needs more help.

Volunteers can be sixteen, drawing a pension, or anywhere in between.

Volunteers are needed back stage, in sound and lighting, front of house, in administration, marketing & promotion, education & learning, fund raising, programming, the box office, in fact there should be something to suit just about everyone.

For more information contact 01584 819 998 or collect a volunteer form from the library or the Pump Rooms.

Email enquiries can be sent to info@regaltenbury.co.uk

Tenbury Wells Museum ▲

Museum Steward and Visitor Services Tenbury Wells

Housed in a small Victorian school, the museum aims to give a flavour of the development of the market town and district of Tenbury Wells, described by Queen Victoria as her 'Little Town in the Orchard'.

The museum is staffed by volunteer stewards whose role is to ensure that visitors have as enjoyable a time as possible whilst also looking after the collection. We are always looking for more stewards, no previous experience is necessary, just a bit of local knowledge and enthusiasm about the history of the area.

Visit www.tenburymuseum.org.uk/volunteer to find out more.



Malvern Hills Volunteering

Established in 2010, Malvern Hills Volunteering was set up to meet the needs of local people and voluntary organisations in the Malvern Hills District.

We offer our services free of charge to anyone interested in volunteering and to any voluntary organisation looking to recruit volunteers.

Whether you're an individual or an organisation you'll find a friendly welcome when you contact us and all the support you need to succeed.

Email malvernhillsvolunteering@gmail.com

Visit www.malvernhillsvolunteering.org.uk/

Drop-in:

Weds 9.30am – 12.30pm at the Hub in Malvern Library

Appointment only:

Fri 9am – 12.30pm at the Hub in Malvern Library